

NEED FOOD ASSISTANCE?

WE ARE HERE TO HELP!



FREE EVERY WEDNESDAY | 11 AM - 12 PM

**THE ZAK MYERS FOOD PANTRY
CATHEDRAL CATHOLIC
HIGH SCHOOL
5555 DEL MAR HEIGHTS ROAD
SAN DIEGO 92130**

SIGN-UP REQUIRED:

[CCDS.D.ORG/EFDN-REQUEST](https://ccdsd.org/efdn-request)

OR CALL (619)-323-2841 (OPT 2).



*LOCATED AT EAST ENTRANCE OFF
OLD CARMEL VALLEY ROAD



OR SCAN HERE:



**CATHEDRAL
CATHOLIC
HIGH SCHOOL**

CALL (858)-523-4000 EXT. 1170 IF YOU HAVE QUESTIONS

¿NECESITA COMIDA?

¡ESTAMOS AQUI PARA SERVIRLE!



¡GRATIS!

LOS MIÉRCOLES | 11 AM - 12 PM

**DISPENSA DE ALIMENTOS
CATHEDRAL CATHOLIC
HIGH SCHOOL**

**5555 DEL MAR HEIGHTS ROAD
SAN DIEGO 92130**

CONTACTE:

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*UBICADO EL LA ENTRADA DE
OLD CARMEL VALLEY ROAD



O ESCANEE AQUÍ:



**CATHEDRAL
CATHOLIC
HIGH SCHOOL**

¿PREGUNTAS? (858)-523-4000 EXT. 1170